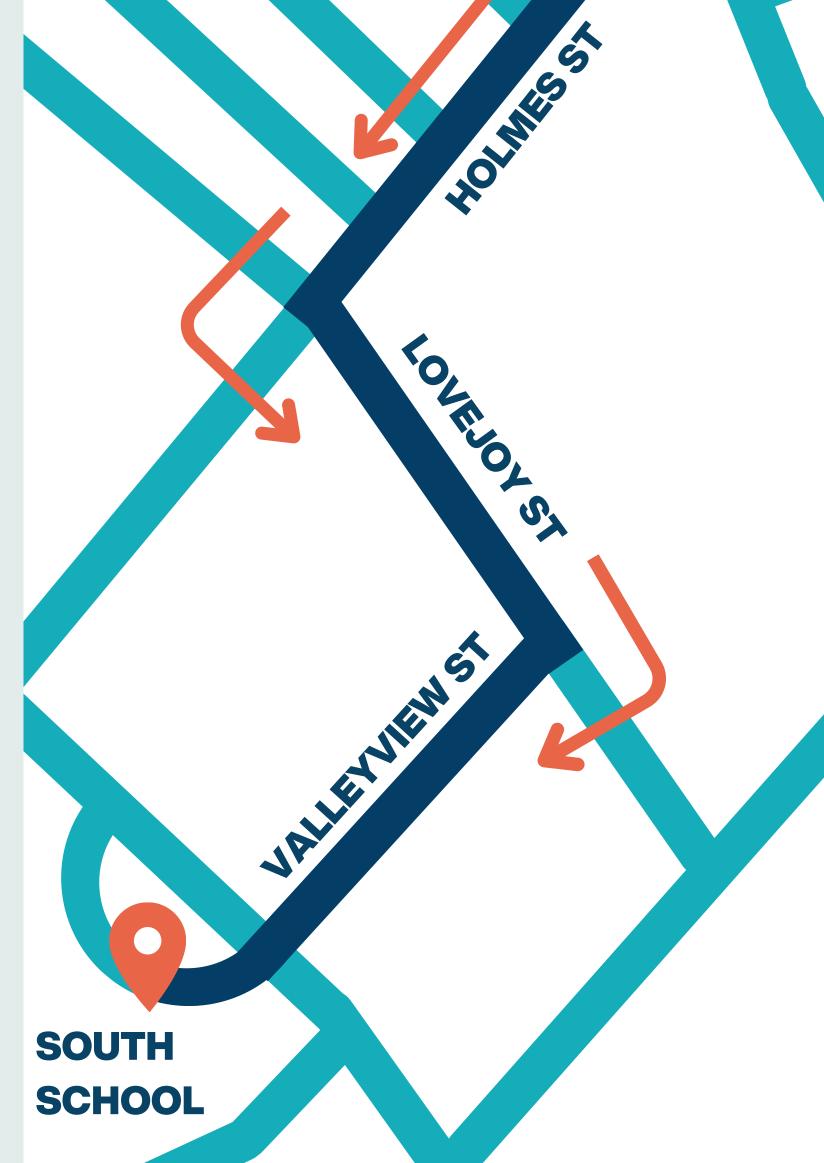


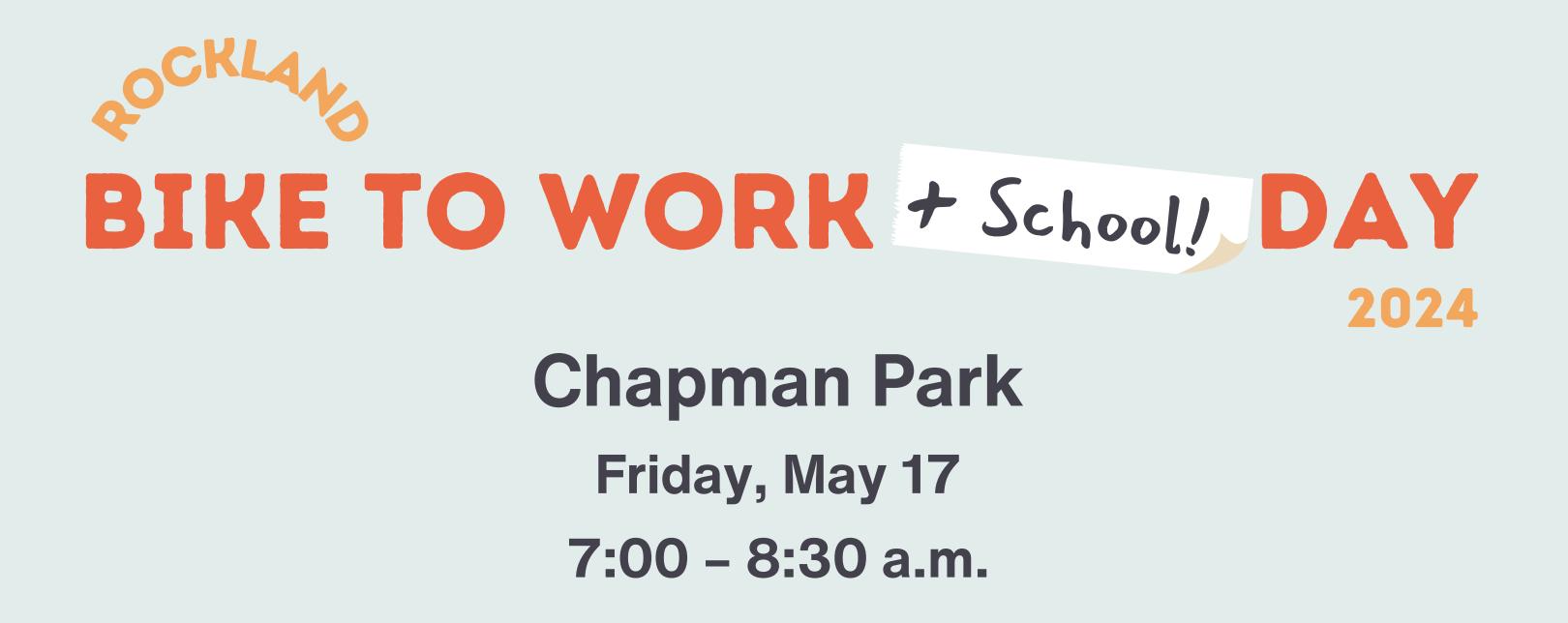
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BIKE BUS!

- 1. Depart Chapman Park
- 2. Head south on Main St
- 3. Turn right on Holmes St
- 4. Head west on Holmes St
- 5. Turn left on Lovejoy St
- 6. Turn right on Valleyview St
- 7. Cross Broadway
- 8. Arrive at South School!

0.8 mile ride departs at 8:15 a.m.





Rockland Bike to Work Day is expanding! This year, we're excited to invite South Elementary School students and their families to join us at Chapman Park in Rockland for a morning of **free** fun on bikes. Here's what to expect:

Breakfast Snacks

Snack on bagels, donuts, fruit, juice boxes, and coffee, all kindly donated by Good Tern Co-Op, Ruckus Donuts, Hannaford, Walgreens, and Rock City Coffee.

Bike Obstacle Course

Bicycle Coalition of Maine volunteers will lead students through a mini biking obstacle course and teach bike safety.

Bike Bus to South School

At 8:15 a.m., students and their families are invited to join a group bike ride to school, chaperoned by Rockland Police Department's Bike Patrol Unit and volunteers. See the route map on the back side of the page for more information.

And More!

Visit **www.rocklandmaine.gov/bike** for more Bike to Work Day details. We hope to see you at Chapman Park!

