



## Celebrate Bike to Work Day this May 18<sup>th</sup>

FREE TREATS AND COFFEE FOR CYCLING COMMUTERS!

**7am-9am, corner of Park & Main**

Stop by and say hello to Rockland Rolls volunteers at the corner of Park Street and Main (next to Brass Compass) and enjoy a free coffee, treats, as well as other goodies for cyclists.

### COMMUNITY RIDE

**5pm-6:30pm, corner of Park & Main**

Meetup with other cycling enthusiasts for a casual, family-friendly ride around town.

We'll meet at 5pm and head-off on our route at 5:15.



For more information on this event or to get involved with Rockland Rolls:

email: [info@renewrocklandme.com](mailto:info@renewrocklandme.com)

or visit us on facebook: [facebook.com/renewthemidcoast](https://facebook.com/renewthemidcoast)